

The Italian sonnet “Dreamers” by Siegfried Sassoon is about reminiscing and reveals that people try to escape from reality through dreams but they cannot.

The English sonnet “Find Work” by Rhina P. Espaillat is about grief and reveals that work sometimes allows one to escape from loss and despair.

The Petrarchan sonnet “The Soldier” by Rupert Brooke is about patriotism and reveals that giving one’s life for his country is worth the sacrifice.

The Petrarchan sonnet “Carmel Highlands” by Janet Loxley Lewis is about routine and reveals that humans and nature alike follow patterns.

The Italian sonnet “Since There is No Escape” by Sara Teasdale is about embracing life and death and reveals that because death is inevitable, one should learn to love life and its gifts and simplicities.