### Spring Semester RESOLUTIONS

# resolution (n)

 a firm decision to do or not to do something

 the quality of being determined or purposeful

## resolve (v)

decide firmly on a course of action

settle or find a solution to

### Write three resolutions.

- Begin each with *I resolve to* . . .
- Number each resolution.
- Focus on your academic life only, and concentrate on <u>a course of</u> <u>action</u>.
- Be specific and precise in your statements.

#### **Examine each resolution.**

- A. What must you do (and/or not do) to successfully act on this resolution?
- B. If you successfully put this course of action into place, what result(s) do you expect and anticipate?
- C. What will be the greatest obstacles for you in keeping this resolution?