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AP English 12: English Literature and Composition

14 March 2006

An Equalizing Diet

FOR BOTH ENDING WORLD HUNGER AND ELIMINATING OBESITY

Are you tired of being tired from being too fat? Are you starving for the chance to look like a contestant on *America's Next Top Model* or to have a body like Lindsay Lohan's? I am Formerly Fat Al Grande, and for only \$19.95 a month, you can join in on the fun of the Equilibrium Diet (brought to you by the makers of "Quarter Slim" and "Slim Quick"). My newly patented weight-loss/gain program will give you the body you deserve and some one else the body you didn't. We will match you with your very own starving person from the third-world country of your choice! This person will be at your service to eat all the food on your plate you don't finish and will be prepared to accept all body fat donations you give within a twelve-month period. These donations can be included as a charitable tax write off as well. All you have to do to join this fat-abulous program is follow these three simple steps:

First, you must fill out a simple survey that will be sent to you via mail. We will need your telephone number, social security number, credit card number, and body type information. You must also include the payment of \$19.95 plus shipping and handling of approximately \$2,000 (depending on country origin of product). Please note that there are no refunds if your item has escaped in transit or has fled while in your care. Also, remember to fill out your personal weight information *carefully* so we can correctly match you with a person with the same "skinny to fat ratio" as you. We will include a list of rules and regulations with your package as well as a feeding guide for your new friend. After filling out the survey, sending in your payment of \$19.95 plus shipping and handling, and agreeing to the list of rules and regulations, you can expect to receive your one-of-a-kind weight

loss enhancement person with in 10-12 business days.

Your second step to weight-loss success is utilizing every aspect of your weight-loss partner. You must be sure to bring him or her any and everywhere you go, which includes restaurants, the movies, dinner parties, and late-night raids of the refrigerator. This is made easy by our patented hand-cuff system, which comes FREE with your purchase—just include an additional shipping and handling payment of \$14.95. Your person is also required to eat at least one-fourth of all of your food portions and anything you discard after meals. And, because Formerly Fat Al loves you so much, you get a BONUS! Your starving foreign friend has been trained to say phrases in English such as “You look great, keep it up and you’ll look like me!” and “Look how many calories that has! Give it to me now, please.” and “You should not eat that much little piggy. Give it to me now, thank you!” These helpful phrases and easy eating guides will help you to lose weight in no time!

The third step to your weight-loss program is to have a weekly check-up for you and your weight-loss buddy. You will be measured according to how many pounds you have lost and how many your buddy has gained. Also, if recommended by a physician, there may be an immediate fat removal and transferal from you into your foreign friend. These procedures are costly but well worth the cause to establish fat equilibrium between the two of you. Within a year, or once your fat equilibrium has been reached, it is recommended that you send your not-starving foreign friend back to the place of his or her origin.

With the Equilibrium Diet, I know you will be able to enjoy your new life as a happier, skinnier person because you look better and because you single-handedly stopped world hunger. If you are not fully satisfied with this weight-loss program we will not refund your money, but we WILL recommend that you try our other weight loss products such as our books *Learning How to Walk Again* and *Just Say No... To Pudding* or our indestructible timed food dispensers for your refrigerator and cabinets. Trust me, if the Equilibrium Diet worked for me, it will definitely work for you!