

A Multiple Intelligence Inventory for Adults

Answer each question by putting a tick in the column beside it.

Question	Always True of Me	Often True of Me	Sometimes True of Me	Rarely or Never True of Me
1. Books are very important to me.				
2. I can easily compute numbers in my head				
3. I see clear visual images when I close my eyes.				
4. I engage in at least one sport or physical activity on a regular basis.				
5. I have a pleasant singing voice.				
6. I'm the sort of person that people come to for advice and counsel at work or in my neighbourhood.				
7. I regularly spend time alone meditating, reflecting or thinking about important life questions.				
8. I like to spend time backpacking, hiking or just walking in nature.				
9. I prefer group sports like badminton, volleyball or softball to solo sports such as swimming and jogging.				
10. I'm sensitive to colour.				
11. I hear words in my head before I read, speak or write them down.				
12. I can tell when a musical note is off-key.				
13. I have attended counselling sessions or personal growth seminars to learn more about myself.				
14. I'm interested in new developments in science.				
15. I find it difficult to sit still for long periods of time.				
16. I belong to some kind of volunteer organization related to nature and I'm concerned about helping to save nature from further destruction.				
17. I thrive on having animals around the house.				
18. I am able to respond to setbacks with resilience.				
19. I get more out of listening to the radio or a spoken-word cassette than I do from television or films.				
20. I enjoy playing games or solving brainteasers that require logical thinking.				
21. I frequently use a camera or camcorder to record what I see around me.				
22. I like working with my hands at concrete activities such as sewing, weaving, carving, carpentry or model building.				
23. I frequently listen to music on radio records, cassettes or CDs.				
24. I play a musical instrument.				
25. When I have a problem I am more likely to seek out another person for help than attempt to work it out on my own.				
26. I'm involved in a hobby that involves nature in some way.				
27. I have a special hobby or interest that I keep pretty much to myself.				
28. I enjoy word games like Scrabble, Anagrams or Cross Words.				
29. My mind searches for patterns, regularities or logical sequences in things.				
30. I believe that almost everything has a rational explanation.				
31. My conversation includes frequent references to things that I've read or heard.				
32. I like to get involved in social activities connected with my work, church or community.				
33. My best ideas often come to me when I'm out for a long walk or a jog, or when I'm engaging in some other kind of physical activity.				
34. I sometimes catch myself walking down the street with a television jingle or other tune running through my mind.				
35. I have some important goals in my life that I think about on a regular basis.				
36. When on vacation, I prefer to go off to a natural setting (park, campground, hiking trail) rather than to a hotel/resort or city/cultural location.				
37. I can generally find my way around unfamiliar territory.				
38. I feel comfortable in the midst of a crowd.				
39. I enjoy doing jigsaw puzzles, mazes or other visual puzzles.				
40. I frequently use hand gestures or other forms of body language when conversing with someone.				

Score Sheet for Multiple Intelligence Inventory for Adults

Look at your responses on the Question sheet and score 4 points for each 'Always True of Me', 3 points for 'Often True of Me', 2 points for 'Sometimes True of Me' and 1 point for 'Rarely or Never True of Me' response.

Question Number	Points Scored
Q1	
Q11	
Q19	
Q 28	
Q 31	
Verbal Total	
Q 2	
Q 14	
Q 20	
Q 29	
Q 30	
Logical Total	
Q 3	
Q 10	
Q 21	
Q 37	
Q 39	
Visual Total	
Q 4	
Q 15	
Q 22	
Q 33	
Q 40	
Kinesthetic Total	
Q 5	
Q 12	
Q 23	
Q 24	
Q 34	
Musical Total	
Q 6	
Q 9	
Q 25	
Q 32	
Q 38	
Interpersonal Total	

Question Number	Points Scored
Q 7	
Q 13	
Q 18	
Q 27	
Q 35	
Intrapersonal Total	
Q 8	
Q 16	
Q 17	
Q 26	
Q 36	
Naturalist Total	

Relative Strengths Chart

Write in the scores for each smart in order from the highest score to lowest score

Order	Score	Intelligence
1st		
2nd		
3rd		
4th		
5th		
6th		
7th		
8th		