

Adjectives to Describe Personality Traits

reserved, impersonal, distant, cool, impersonal, detached, formal, aloof	warm, outgoing, attentive, kind, amiable, gregarious
emotional, changeable, idealistic, affected	stable, adaptive, mature, realistic, calm
deferential, cooperative, submissive, humble, obedient, docile, accommodating	dominant, forceful, assertive, aggressive, competitive, stubborn, bossy
serious, restrained, prudent, taciturn, introspective, silent	lively, animated, spontaneous, enthusiastic, cheerful, expressive, impulsive
expedient, nonconforming, disregards rules, self indulgent	rule-conscious, dutiful, conscientious, conforming, moralistic, staid
shy, timid, hesitant, intimidated	bold, venturesome, uninhibited
utilitarian, objective, unsentimental, tough minded, self-reliant	sensitive, aesthetic, sentimental, intuitive, refined
trusting, unsuspecting, accepting	vigilant, suspicious, skeptical, distrustful, oppositional
grounded, practical, prosaic, goal-orientated, steady, conventional	abstract, imaginative, absent-minded, impractical, absorbed
forthright, genuine, artless, open, guileless, naive, unpretentious, involved	private, discreet, shrewd, polished, worldly, astute, diplomatic
self-assured, unworried, complacent, secure, confident, self-satisfied	apprehensive, self-doubting, worried, guilt-prone, insecure, worrying
traditional, conservative, respectful	open, experimental, liberal, analytical, critical, free-thinking, flexible
group-oriented, affiliative, gregarious	self-reliant, solitary, resourceful, individualistic, self-sufficient
tolerant, unexacting, flexible, undisciplined, lax, self-conflict, impulsive, uncontrolled	perfectionistic, organized, compulsive, self-disciplined, precise, exacting,
relaxed, placid, tranquil, torpid, patient	intense, impatient, driven, over-wrought